

LGBTQ *Teen Group*

A group for LGBTQ teens in need of connection, information, support, and healing. Group members will gain support around current life stressors, discuss topics relevant to LGBTQ teens, and connect in a safe space where everyone can be themselves. Group will decide what topics they are interested in learning more about, and Ashley will present on these topics during later group sessions.

Summer, 2018 dates
will be announced soon!

at SENTIER PSYCHOTHERAPY

For TEENS, AGES 14 –17, who identify as LGBTQ

(lesbian, gay, bisexual, transgender, queer, genderqueer, non-binary, pansexual, and other identities along the spectrums of gender identity and sexual orientation).

LGBTQ individuals are at increased risk of mental health issues, substance abuse and addiction, and certain types of trauma. Additionally, LGBTQ youth have limited access to adequate mental health care and supportive services. This group aims to provide the support that is often lacking for LGBTQ teens.



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